

Enroll Early!

Chesterfield Township Athletic Association presents:

2025 Spring Youth Track & Field Program

Instructed by Gone Running, LLC

USA Track & Field Coach Bob Andrews and N. Burlington HS Coach Ryan Rafferty

and the Gone Running Coaching Staff

Recreational Running Program For youth in Grades 3-8 scheduled to enroll in North Burlington Schools

Program dates: Monday, April 7 – Monday, June 2 Competition date: Saturday, June 7

<u>When</u> :	Mondays	6:00 - 7:00 p.m.
	And / Or	
	Wednesdays	6:00 - 7:00 p.m.

<u>Fee</u>: 1 time/week = **\$ 125.00** per person 2 times/week = **\$ 190.00** per person

Includes 8 weeks of training, t-shirt, race day fee and award for Saturday, June 7 at 11:00 a.m. at the Manalapan High School Track

This is an introductory - moderate level program where the emphasis is on fun, fitness and running form. The training activities will keep participants moving while building their self-confidence and stamina. The program culminates with a race on Saturday, June 7th at the Manalapan High School Track.

Registrants should wear running shoes and bring a towel & water. All sessions will meet at a loca site (TBD)



To Register: www.ctaasports.org For more information contact Chesterfield Township at info@ctaasports.org For information about Gone Running, go to www.Gone-Running.com

