



**Enroll Early!**

Manasquan Recreation presents:

## 2026 Spring Youth Track & Field Programs:

Instructed by Gone Running, LLC  
USA Track and Field Coach Bob Andrews and Coach David Hyatt  
and the Gone Running Coaching Staff

### **Youth Recreational Running Program**

**Program dates: Monday, April 13 – Thursday, June 11**

**Competition date: Saturday, June 13**

Mondays 5:30 - 6:30 p.m. **Grades K-1 and 2-8**

Thursdays 5:30 - 6:30 p.m. **Grades 2-8 only**

**Fee:** 1 time/week = \$ **165.00** per person

2 times/week = \$ **265.00** per person

(No session on Monday, May 25)

**Includes 8 weeks of training, t-shirt, race day fee and award medal for Saturday, June 13 at 11:00 a.m. at the Manalapan High School Track**

This is an introductory level activity where the emphasis is on fun, fitness and running form. The activities will keep participants moving while building their self-confidence and stamina. The program culminates with a race on Saturday, June 13th.

**OR**

### **Junior Olympic Track & Field Competition Program**

**Program dates: Monday, April 13 - Saturday, June 20**

**For children entering Grades 3-12**

Mondays 5:30 - 6:30 pm

Thursdays 5:30 - 6:30 pm

Saturdays 10:00 - 11:00 am (at the Manalapan High School Track)

**Fee: \$430.00 - Includes up to 3 sessions/week for 9 weeks,**

**Training program in both track and some field events, entrance fee for up to 2 track competitions (NJ State Jr Olympics June 6-7 and one other race TBD); and Shore AC Competition Jersey**

*(USATF + Shore AC memberships required - not included in fee)*

Registrants should bring running shoes, towel & water.  
All sessions will meet at Manasquan High School Track

<https://register.communitypass.net/manasquan>

