



**Enroll Early!**

Chesterfield Township Athletic Association presents:

## 2026 Spring Youth Running Program

Instructed by Gone Running, LLC

USA Track & Field Coaches Bob Andrews and Sarah Gordon

and the Gone Running Coaching Staff

### Recreational Running Program

For youth in grades 2-8 scheduled to enroll in Northern Burlington Schools

**Program dates: Monday, April 6 – Wednesday, June 10**

**Competition date: Saturday, June 13**

**When:** Mondays 5:30 - 6:30 p.m.

And / Or

Wednesdays 5:30 - 6:30 p.m.

**Fee:** 1 time/week = \$ **135.00** per person

2 times/week = \$ **210.00** per person

**Includes 9 weeks of training, t-shirt, race day fee and award for Saturday, June 13 at 11:00 a.m. at the Manalapan High School Track**

This is an introductory - moderate level program where the emphasis is on fun, fitness, running form and endurance. The training activities will keep participants moving while building their self-confidence, stamina and joy of running. The program culminates with a race on Saturday, June 13, at the Manalapan High School Track.

Registrants should wear running shoes and bring a beach towel & water.

All sessions will meet at a local site (TBD)



To Register: [www.ctaasports.org](http://www.ctaasports.org)

For more information contact Chesterfield Township at [info@ctaasports.org](mailto:info@ctaasports.org)

For information about Gone Running, go to [www.Gone-Running.com](http://www.Gone-Running.com)

